

# Laureate Institute of Pharmacy

Approved by PCT & MCTE, New Delhi and H.P. Govt.

Affiliated to Himachal Pradesh Technical University, Hamirpur

V.P.O Kathog, Tehsil Jawalamukhi, Distt. Kangra, H.P. Pin Code 176031

Ref. No. ....

Date 19/06/2020

## Notice

All the Pharmacy students are hereby informed that the NSS unit of Laureate Institute of Pharmacy is going to organise online yoga training session with collaboration with Ashok Samdrshi Yoga Training School, Dharamshala on 21<sup>st</sup> June 2020 on Google meet. The link of session will be shared with on the various institutional whatsapp groups with time.

All should take a note of it.

Director cum Principal

DIRECTOR CUM PRINCIPAL  
LAUREATE INSTITUTE OF  
PHARMACY KATHOG  
TEH. JAWALAMUKHI  
DISTT. KANGRA (H.P.)

Notice is circulated through whatsapp group

(Shammy Jiroal)



N.S.S. Officer - N.S.S. Unit  
Laureate Institute of Pharmacy  
Kathog, Teh. Jawalamukhi  
Distt. Kangra (H.P.)



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## REPORT OF INTERNATIONAL YOGA DAY-2020

**Start:** June, 21. 10:00 am

**End:** June, 21. 10:45 am

**Conducted by:** NSS unit of LIPh

**Date:** June 21, 2020

**Venue:** Campus of Laureate Institute of Pharmacy, Kathog



International Yoga Day is celebrated every year on June 21 since its inception in the year 2015. Yoga itself is a very old practice that is followed in India since time immemorial. Yoga is an invaluable gift of India's ancient tradition. Yoga's aim is not only to heal body but to purify all three: Mind, body and soul. Since, the world is currently going through a strange and difficult period. For the first time in history, almost every corner of the globe has been hit simultaneously by a crisis.

In view of this deadly pandemic Corona, it was decided to celebrate 6th International Yoga Day at home with family members through virtual mode. On 21 June 2020, the world celebrated 6th International Day of Yoga and plenty of activities were organised across the globe through digital platform. This year's theme was 'Yoga for Health-Yoga at Home'. So, everybody practiced or participated in the yoga sessions organized by different institutions or organizations all over the world. With the blessings of Maa Jawalaji, and support of Swami Ashok Samdarshi Yoga Training School, Dharamshala, Laureate Institute of Pharmacy ,Kathog celebrated International Day of Yoga by organizing different volunteer Webinars. As whole world practiced common yoga protocol from 7 a.m. onwards, Laureate, also arranged a very good session of practicing common yoga protocol at the 10:00AM time wherein certified Yoga Trainers and Experts conducted the common yoga protocol session and also talked on various activities related to Yoga and their basic understanding. A registration portal was open on 9:30 AM. website where faculty, staff and students registered in this yoga session. The session was successful one which displayed a great spirit of learning by staff members and students alike. The session ended by a formal vote of thanks delivered by Prof. CPS Verma.

NSS Unit Co-coordinator



N.S.S. Co-ordinator - N.S.S. Unit  
Laureate Institute of Pharmacy  
Kathog, Teh. Jawalamukhi  
Distt. Kangra (H.P.)

Director cum Principal

Prof. (Dr.) M.S. Ashawat  
DIRECTOR CUM PRINCIPAL  
LAUREATE INSTITUTE  
OF PHARMACY, KATHOG  
TEH. JAWALAMUKHI  
DISTT. KANGRA (H.P.)



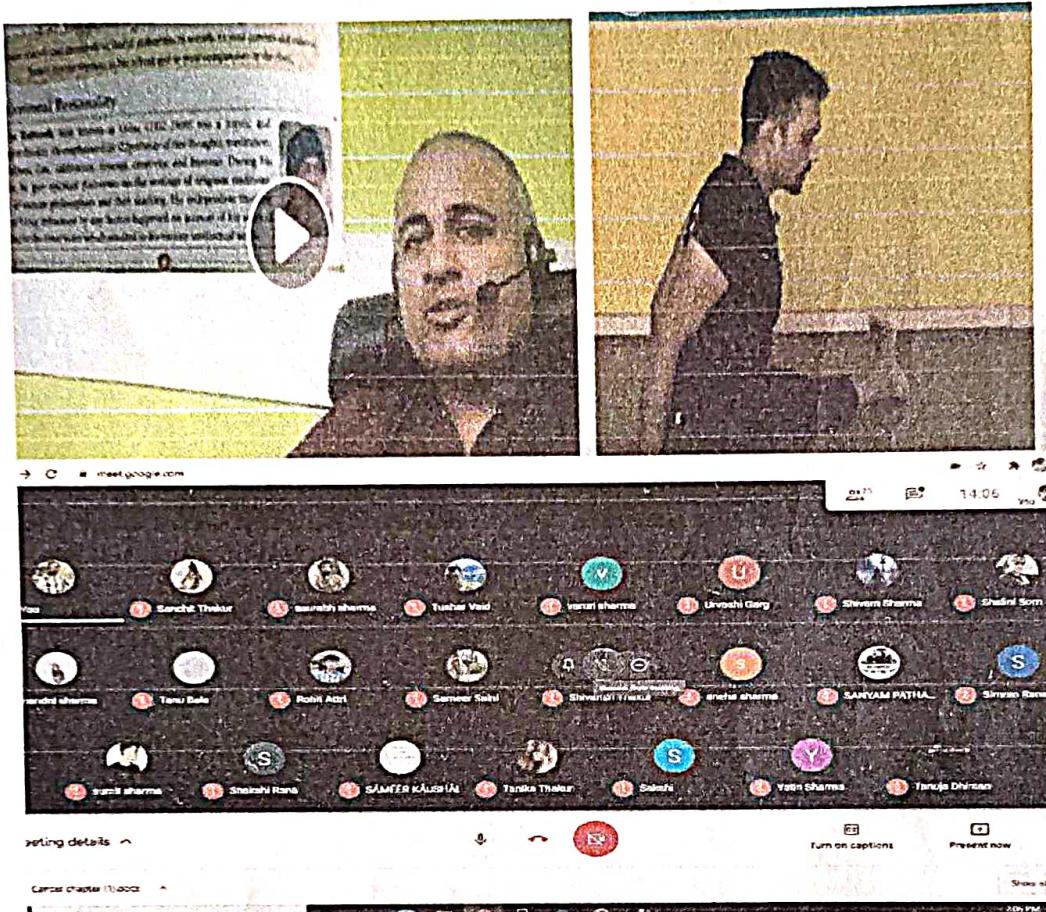
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## Report on International Yoga Day 2020



### Online Video session from Ashok Samdrshi Yoga Training school



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**World Yoga Day 2020**

Date: 21/06/2020

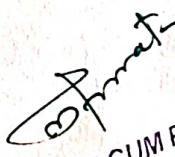
Name	Designation	Gender	Name of Institute/Organization	Semester/Class/Qualification	Place
Aanchal Gulera	Faculty	Female	Laureate Institute of Pharmacy	Kath M.Pharmacy	Kangra
Abhay Kumar	Student	Male	Laureate institute of pharmacy	7th semester	Jawalamukhi
Abhay Sharma	Student	Male	Abhay Sharma	7th	Laureate institute of ph
Abhishek	Student	Male	Laureate institute of pharmacy	3rd semester	Jawalajai
Abhishek Saini	Assistant Professor	Male	Laureate institute of pharmacy	7th	Kathog
Abjishek Sharma	Student	Male	Laureate Institute of Pharmacy	Kath M	Kathog JwalaJai
Ajay Malhotra	Student	Male	Laureate institute of pharmacy	7sem	Kathog jawalamukhi
Akanksha katoch	Student	Female	Laureate laureate of pharmacy	7sem	Jawalamukhi
akhil Moudgil	Assistant Professor	Male	Laureate Institute of Pharmacy	Kath 7 semester	Kathog
Akshay Dogra	Student	Male	Laureate Institute of pharmacy	Kath 3rd sem	Kathog
Akshay Dogra	Student	Male	Laureate Institute of pharmacy	7th	Kathog
Aman Gulera	Student	Male	Laureate Institute of Pharmacy	Kath M	Jawalamukhi, kangra
Aman Gulera	Student	Male	Laureate Institute of Pharmacy	4th semester	Jawalamukhi, kangra
Aman Sharma	Student	Male	Laureate Institute of Pharmacy	Kath 4th	Kathog, jawalajai
AMANDEEP ANKALJI	professor & head	male	Laureate Institute of Pharmacy	Kath 7th	Mandi
Amit kaundal	Assistant Professor	Male	Laureate Institute of Pharmacy	Kath 7th	Kangra
Amita Devi	Student	Female	Laureate Institute of pharmacy	7th	Jawalamukhi
Anjali	Student	Female	Laureate Institute of pharmacy	7th	Hamirpur
Ankita	Student	Female	Laureate Institute of pharmacy	4 sem/ M .pharmacy	Kathog
Anshul choudhary	Student	Male	Laureate Institute of Pharmacy	Kath 4sem/m.pharm/graduation	Kathog
Anshul Katoch	Student	Male	Laureate Institute of pharmacy	7th	7
Anshul koundal	Student	Male	Laureate Institute of pharmacy	7th	Kathog
archana Chaudhary	Research Schlohar	Female	Laureate Institute of Pharmacy	Nangal chowk	
arti rana	Assistant Professor	Female	LIPH		
Ashish Dhiman	Student	Male	Laureate Institute Of Pharmacy	Kat M.Pharm(PA/QA) 3rdSem	Kathog, Jwalamukhi
Ashish Sharma	Assistant Professor	Female	Laureate Institute of Pharmacy	7th sem	Vpo Kathog teh jawalamukhi
Astha Sharma	Student	Male	Laureate Institute of Pharmacy	7th	Kathog
Avneet Gupta	Assistant Professor	Male	Laureate Institute of Pharmacy	3rd sem.	Kathog
AYUSH GAUTAM	Student	Male	Laureate Institute of Pharmacy	third	Jawalamukhi
BALWINDER SINGH	Student	Male	Laureate Institute of Pharmacy	7th	Kathog, jawalamukhi
BALWINDER SINGH	Student	Male	Laureate Institute of Pharmacy	Laureate Institute of M.Pharmacy	Laureate Institute of Ph
Damini Gautam	Student	Female	Laureate Institute of Pharmacy	4th sem/M.Pharmacy	Laureate Institute of ph
Darsh gautam	Assitant Professor	Male	Laureate Institute of Pharmacy	Kath 7th	Jawanmukhi
DEEPAK SHARMA	Student	Male	Laureate institute of pharmacy	7semester	

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DISTT. KANJII**

Devi Singh	Student	Male	Laureate Institute Of Pharmacy Kath third	Kangra
Divyanshi	Student	Female	Laureate Institute of pharmacy Kath 3rd	Muhal Dehra
Ekansh sharma	Student	Male	LAUREATE INSTITUTE OF PHARM 7th	Dehra
gaurav joshi	Assisant Professor	Male	Laureate Institute of Pharmacy Kath 7th Sem	Jawalamukhi
GOURAV BANYAL	Student	Male	Laureate institute of pharmacy	Jawalamukhi
Jahnvi sharma	Student	Female	Laureate institute of pharmacy	Kathog
Kajal	Student	Female	Laureate institute of pharmacy Kath 7th	Jawla ji
Kashish	Student	Female	Laureate institute of pharmacy Kath 5th (3year)	Jawalaji
Kashish	Student	Female	Laureate institute of pharmacy Kath 7 sem B pharmacy	Dehra
keshav Dhiman	Student	Male	laureate institute of pharmacy Katho 3rd mpharmacy	dehra
Keshav Dhiman	Faculty	Male	Laureate institute of pharmacy, Kath M.pharm	
Krushboo	Student	Female	LIPH	Kathog
Krushboo	Student	Female	LIPH	Kathog
Kunal Singh	Student	Male	Laureate Institute of Pharmacy	Third
Madhu Bala	Assisant Professor	Female	Laureate Institute of Pharmacy Kath 7th sem	Kathog
Manisha	Student	Female	Laureate Institute of Pharmacy	Chintpurni
Maheet Singh	Assisant Professor	Male	Laureate Institute of Pharmacy	Kathog
Manoj Kumar	Student	Female	Laureate college of pharmacy Kath B pharmacy 2nd year	
Manu Kumari	Student	Female	Laureate institute of pharmacy Kath third	Kathog
Mehak Sharma	Student	Female	Laureate institute of pharmacy Kath 7th semester	
Minakshi	Student	Female	b.pharmacy 7th semester	
Mohit Kumar	HOD	Male	7 sem	
Neeraj Bhandari	Student	Male	Laureate Institute of Pharmacy Kath 3rd	
Neeraj Kumari	Student	Female	Laureate Institute of pharmacy	Jawala 9
Nikhil	Student	Male	Laureate Institute of pharmacy	Nadaun
Nikhil	Student	Male	Laureate Institute of pharmacy	7 Bajirnath
Nikhil Sharma	Student	Male	Laureate Institute of pharmacy Kath 7th	kangra
NIKHIL SHARMA	Student	Male	Laureate Institute of pharmacy Kath M PHARMACY 3rd	DEHRA GOPIPUR
NIKHIL SHARMA	AP	Male	Laureate Institute of pharmacy Kath 3rd M pharmacy	DEHRA GOPIPUR
Nisha	Student	Female	Laureate Institute of pharmacy	Kathog
Nishad Malik	Assisant Professor	Male	Laureate Institute of pharmacy Kath 7th sem. B pharmacy	VPO Kathog Teh. Jawala
Pankaj Bhateja	Student	Male	maharaja agresen university Baddi M. Pharma	Kathog
Pardyum kaushal	Student	Male	Laureate institute of pharmacy Kath B-pharmacy 7th semester	Kathog
Parvez Khan	Student	Male	Laureate institute of pharmacy Kath B Pharmacy 7th sem	Kathog
Pooja Sharma	Assisant Professor	Female	Laureate Institute of Pharmacy Kathog	
prateek sharma	Assisant Professor	Male	Laureate Institute of Pharmacy Kath 7th	Kathog
Pratibha Chaudhary	Assisant Professor	Female	Laureate Institute of pharmacy	Kathog
Priya	Student	Female	7 sem b pharmacy	
Priyanka Sharma	Assisant Professor	Female	Laureate Institute of Pharmacy Kath third	Kathog
			Laureate institute of pharmacy Kath 7th	

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Rahul kumar	Research Schlohar	Male	Laureate Institute of Pharmacy Kath M. Pharmacy 4th sem	Jalandhar
Rahul Kumar	Student	Male	Laureate Institute of pharmacy kath 3 sem/pharmaceutical/m p	Kathog
Rahul Sharma	Student	Male	Laureate Institute of pharmacy	Kathog
Rahul Thakur	Student	Male	Laureate Institute of Pharmacy	3rd
ralesh Gupta	professor	Male	Laureate Institute of Pharmacy	7th
neenu sharma	Assisant Professor	Female	Laureate Institute of Pharmacy Kath 7th	Jwalamukhi
Ritik chaudhary	Student	Male	bhra university shimla	Kathog
Ritik Sharma	Student	Male	Laureate institute of pharmacy	Kathog
Ruchika Sharma	Assisant Professor	Female	Laureate institute of pharmacy	Chinipurni
Sachin Kumar	Student	Male	bhra university shimla	Kathog
Sahil chopra	Student	Male	Laureate Institute Of Pharmacy	Palampur
Sahil choudhary	Student	Male	Laureate Institute of pharmacy	Jarot
Sahil Randhawa	Student	Male	Laureate Institute of pharmacy	Kangra
Shalini Dogra	Assisant Professor	Female	Laureate Institute Of Pharmacy	Laureate Institute of ph
shalu shukla	Student	Female	Laureate Institute of Pharmacy kath 4th sem ( M. Pharm)	Kathog
Shipra	Student	Female	Chandigarh group of colleges landre B.pharmacy 7th sem	kathog
Shivakshi	Student	Female	laureate Institute of pharmacy	Kathog
Simran	Assisant Professor	Female	3rd sem	Third
Swati Moudgil	Student	Female	Laureate Institute of pharmacy	Kathog
Sweta Agarwal	Professor & head	Female	7th	Haripur
tarapati	Assisant Professor	Female	Laureate Institute of Pharmacy Baddi	Jawalaji (Kathog)
Tanun Kumar	Research Schlohar	Male	7th	Hamirpur
Upasana Thakur	Assisant Professor	Female	Laureate Institute of Pharmacy Kath M Pharmacy	Kathog
Vanshika	Student	Female	7th	7 Kathoh
Vivek Sharma	Assisant Professor	Male	Laureate Institute of Pharmacy Kath PA&QA MPHARMACY 2NI	VPO Kathog

  
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