



LAUREATE INSTITUTE OF PHARMACY



(Approved by PCI, New Delhi and Himachal Pradesh Govt.) & Affiliated to H. P. Technical University, Hamirpur
An Autonomous Institute of Pharmacy and off campus Research Centre, IPTU



Institution's Innovation Council (IC202216219, ESTB.28 JUNE 2022)
NAAC Accredited "A" Grade Institute recognized u/s 2(f) of UGC Act 1956
V.P.O. Kathog, Tehsil Jawalamukhi, Distt. Kangra, H.P. (176031)

Ref. No.....

Date:.....

REPORT

World Lung Cancer Day 2025

Organized by NSS Unit and Department of Pharmacy Practice

Laureate Institute of Pharmacy

Date: 1st August 2025

Theme: "Stronger Together: United for Lung Cancer Awareness"

Locations: Jwalaji Locality, Bus Stand, SDM Office, and Jwalaji Hotel

On the occasion of World Lung Cancer Day on 1st August 2025, the NSS Unit in collaboration with the Department of Pharmacy Practice, Laureate Institute of Pharmacy, organized a community awareness and field survey program at major public locations in Jawalamukhi to educate the public about lung cancer risk factors, early symptoms, prevention, and early diagnosis. Students and faculty interacted directly with citizens, distributed informational pamphlets, highlighted the dangers of active and passive smoking, promoted tobacco cessation and healthy lifestyles, and engaged more than 200 participants through feedback-based interaction. The program was graced by Dr. Sanjeev Kumar, HAS (SDM, Jawalamukhi), Shri R.P. Jaswal (DSP, Jawalamukhi), and Prof. (Dr.) Mahendra Singh Ashawat, Director-cum-Principal, who emphasized the importance of awareness and early detection, along with the presence of other distinguished faculty members and healthcare officials.

The awareness drive helped reduce misconceptions about lung cancer and motivated the community toward preventive healthcare practices; its impact can be further strengthened through regular follow-up screening camps, lung function testing, anti-tobacco pledge campaigns, and wider digital outreach. The observance of World Lung Cancer Day 2025 was a meaningful initiative reflecting the collective commitment of the NSS Unit and Department of Pharmacy Practice, reinforcing the theme "Stronger Together: United for Lung Cancer Awareness" and emphasizing the importance of joint efforts in prevention and early detection.

Survey Findings

Students collected data from families (average family size 4.86 ± 1.511), revealing that 42% were smokers, 56% consumed alcohol, and common respiratory symptoms included shortness

of breath (15%) and cough (12%). While 51% reported daily exercise, a considerable proportion showed irregular physical activity and frequent junk food intake, indicating modifiable lifestyle risk factors affecting lung health.

Outcome of the Program

The awareness drive created a positive community impact with active participation of more than 200 individuals. It improved public knowledge about lung cancer risk factors, especially the dangers of active and passive smoking, and increased awareness of early warning signs such as persistent cough and breathlessness. The program encouraged tobacco users to consider quitting and promoted healthier lifestyle choices. It also strengthened community engagement and enhanced the communication skills and social responsibility of NSS volunteers and pharmacy students.

Suggestions Given to the Public

1. Avoid smoking and all forms of tobacco consumption.
2. Stay away from passive smoking and smoke-prone environments.
3. Seek medical consultation if symptoms like chronic cough, chest pain, or breathing difficulty persist.
4. Undergo regular health check-ups and screening, especially for high-risk individuals.
5. Maintain a healthy lifestyle including balanced diet and regular physical activity.
6. Spread awareness among family members and peers about the risks of lung cancer.
7. Participate in tobacco cessation programs and seek professional guidance for quitting smoking.




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Date:

World Lung Cancer Day (August 1, 2025)

Area:		Ph. No:								
Adults:	Age	Height					Weight			
Children:										
Geriatrics:										
1.										
2.										
3.										
4.										
5.										
6.										
7.										
Addiction:		Allergies:								
Alcohol: Occasional <input type="checkbox"/> Chronic Use <input type="checkbox"/>		Common Symptoms		1	2	3	4	5	6	7
Smoking: Occasional <input type="checkbox"/> Chronic Use <input type="checkbox"/>		Snizzing:								
		Runnig Nose:								
		Presistant Coughing:								
		Shortness of Breath								
Medical History:										
Exercise: Daily <input type="checkbox"/> 20-25 Days in a month <input type="checkbox"/> Less than 15 days in amonth <input type="checkbox"/>										
Once in a while <input type="checkbox"/>										
Junk Food: Weekly once <input type="checkbox"/> More than once <input type="checkbox"/>										
Monthly once <input type="checkbox"/> More than once <input type="checkbox"/>										
Commonly Used OTC Medication in House:										