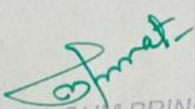


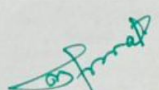
5.3.1 Number of Awards/Medals for outstanding performance in Sports/ Cultural activities at University/ State/National/International Level (award for a team event should be counted as one) years wise during the last five years.

Years	2022-21	2021-20	2020-19	2019-18	2018-17
Number	1	-	1	3	1


DIRECTOR CUM PRINCIPAL
LAUREATE INSTITUTE OF
PHARMACY KATHOG
TEH. JAWALAMUKHI
DIST. SANGRA (H.P.)

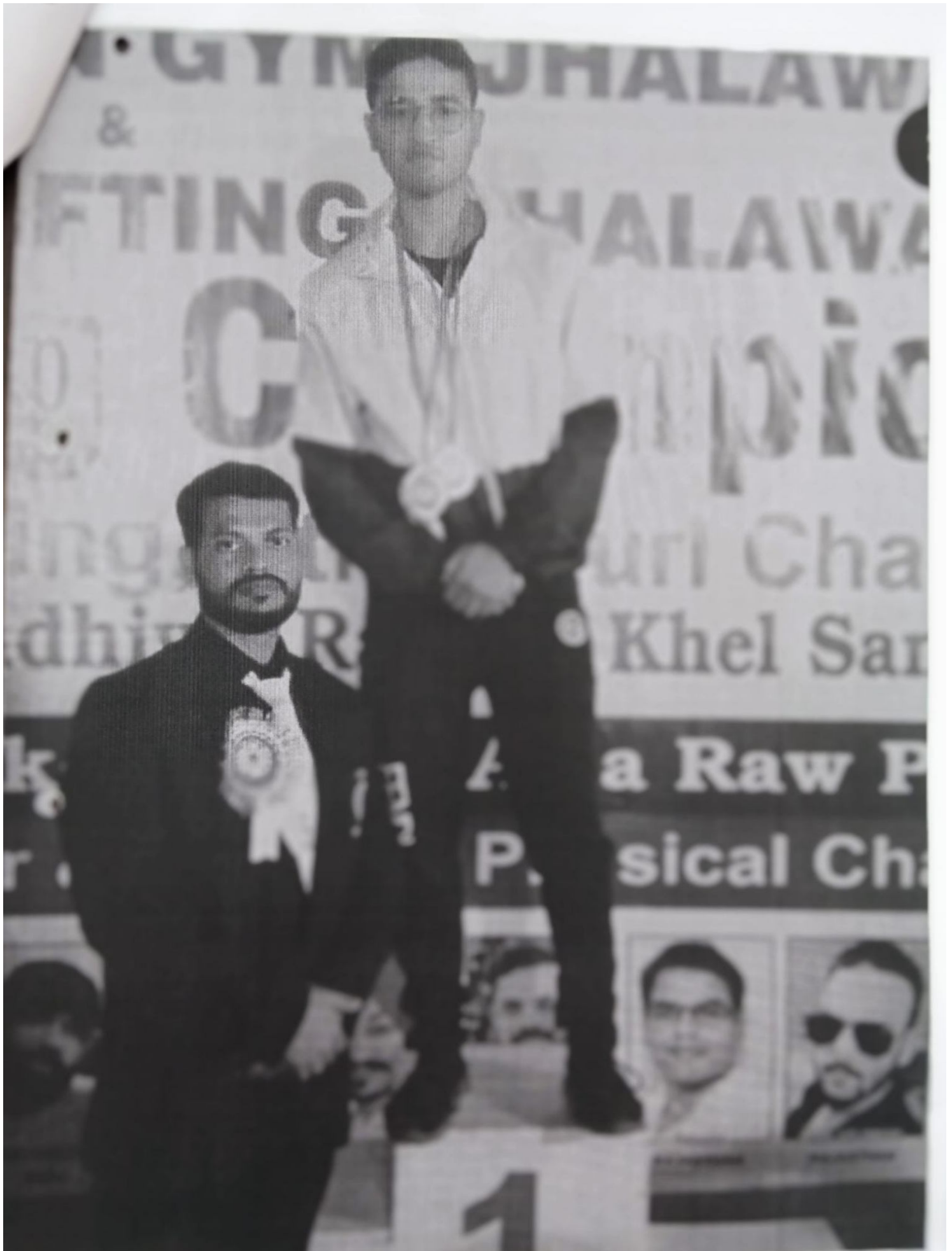
5.3.1 Number of Awards/Medals for outstanding performance in Sports/ Cultural activities at University/ State/National/International Level

Year	Name of award/medal	Team/Individual	University/State/National/International	Sports/Cultural	Name of studnets
2021	Powerlifting Championship	Individual	National	Sport	Mr. Rohit Kumar
2019	Group Dance	Team	State	Cultural	Ms. Sanchi and Teams
	Powerlifting Championship	Individual	International	Sport	Mr. Rohit Kumar
	Basketball Runner-Up	Team	State	Sport	Mr. Nikhil Sharma
	Solo Dance	Individual	State	Cultural	Ms. Himani Sharma
	Group Dance	Team	State	Cultural	Ms. Vipasha and Teams
2018	Mr. Prefect Body	Individual	State	Sport	Mr. Raja Himanshu


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 LAUREATE INSTITUTE OF
 PHARMACY KATHOG
 TEH. JALPAIGURI
 DISTT. KALIMATI (H.P.)

Aug 21	50-54	50-54	50-54
Aug 21	55-59	55-59	55-59
Aug 21	60-64	60-64	60-64
Aug 21	65-69	65-69	65-69
Aug 21	70-74	70-74	70-74

Raymond W. Lanning 1000 N. 10th St. Suite 100 Minneapolis, MN 55412 (612) 338-1111	William W. Lanning 1000 N. 10th St. Suite 100 Minneapolis, MN 55412 (612) 338-1111	William W. Lanning 1000 N. 10th St. Suite 100 Minneapolis, MN 55412 (612) 338-1111	William W. Lanning 1000 N. 10th St. Suite 100 Minneapolis, MN 55412 (612) 338-1111
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Reg.No. COOP/2018/JHALAWAR/100088

RAW POWER LIFTING INDIA

Reg. by Under the society act 1958

Certificate of Merit

This is to certify that M.L. Rohit Kumar
Representing Himalaya CHALAKRAVESH has participated in the
RAW Bench Press/Dead lift/Power lifting/Strict Curl Championship
for youth/Teens/Junior/Senior/Sub Masters/Masters/Physical
Challenged (Men & Women).

Org. By:

Raw Power Lifting Rajasthan

&

Golden Gym, Jhalawar

on 12, 13, 14 February 2021

Venue : Smt. Vijya Raje Rajkya Khel Sankul, International Level Stadium, Jhalawar

- ☐ Youth - (Man & Women)
- ☐ Teens - (Man & Women)
- ☒ Junior - (Man & Women)
- ☐ Senior - (Man & Women)
- ☐ Sub Master - (Man & Women)
- ☐ Masters - (Man & Women)
- ☐ Physical Challenge - (Man & Women)

Weight class 56 Kg

Secured Bench Press

Secured Dead Lift

Secured Power Lifting

Secured Strict Curl

With a performance of

Squat --- Kg

Bench Press --- Kg

Dead Lift 180 Kg

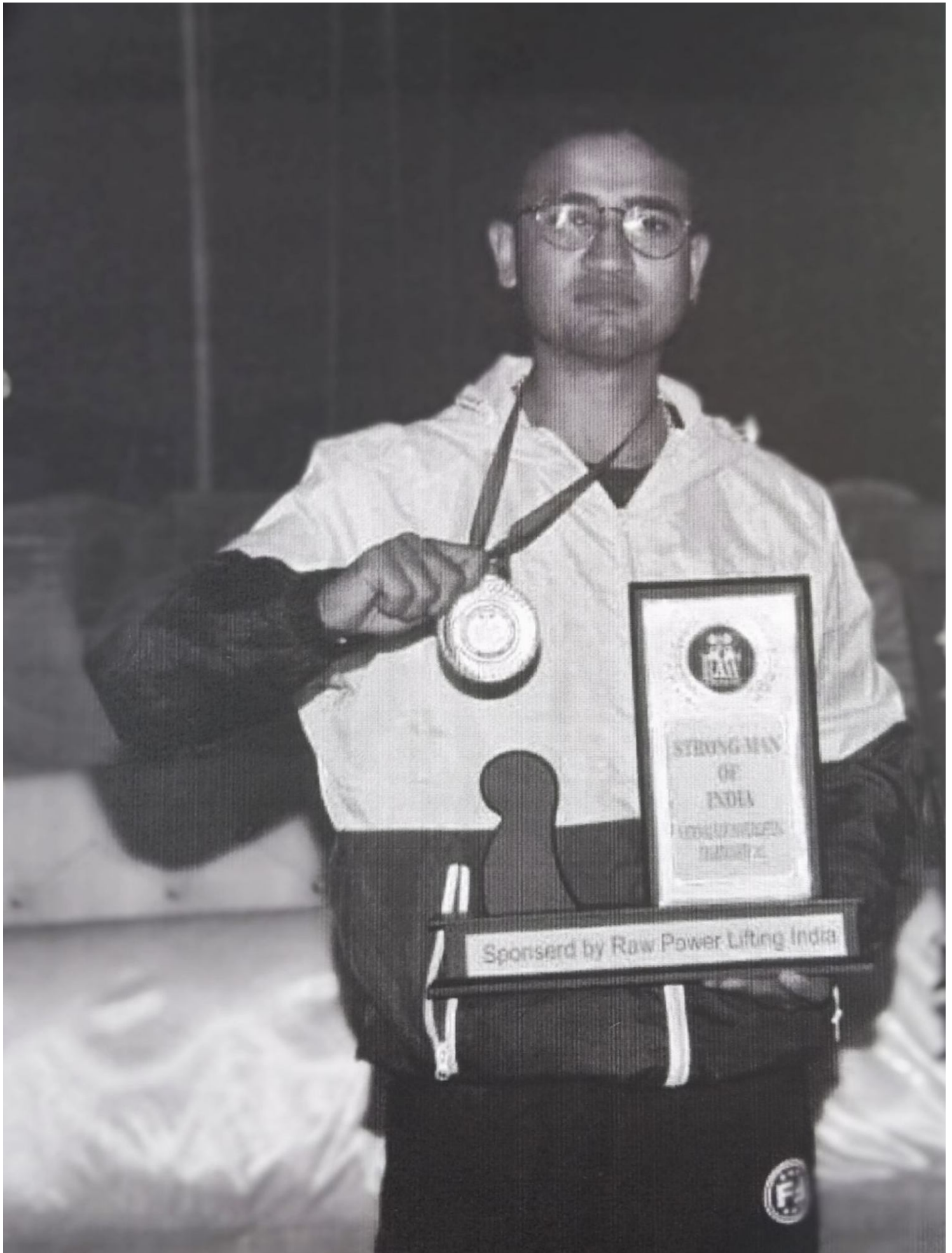
Strict Curl --- Kg

Power Lifting Total 180 Kg

Jaspreet Singh
President, R.P.L.

Gurpreet Singh
Gen Secretary
R.P.L. & R.P.R.

Sandeep Thori
Treasurer, R.P.L.







Himachal Pradesh Technical University

(A State Government University)

Camp Office: Gandhi Chowk, Hamirpur (H.P.) - 177001

Phone : (01972) 224153, Fax: (01972) 224150, 224180

E-mail ID: deannymhptu@gmail.com, website: www.himtu.ac.in

NO. HimTu-3(Acad)O -1/2016- 11399-11441

Dated: 10-10-19

To

All the Directors-cum-Principals,
Affiliated Colleges of Engineering,
Pharmacy & Management in H.P.

Subject: - Himachal Pradesh Technical University Youth Festival 2019-20

Sir/Madam,

In continuation to this office letter No.HimTu-3(Acad)O-1/2016-9923-9967 dated 28.08.2019 (Copy enclosed), on the subject cited above, it is requested that to send the list of participant students of your Institution to the Laureate Institute of Pharmacy, VPO Kathog Tehsil Dehra, Distt. Kangra (H.P.)-177101 for successful organization of Youth Festival from 4th November, 2019 to 6th November, 2019 under the intimation to this office at the earliest please.

The core committee for organizing this three days Youth Festival consists of: -

- | | |
|--|-----------------------|
| 1. Prof. (Dr.) S.P. Bansal, Hon'ble Vice-Chancellor, HPTU | -Patron |
| 2. Sh. Rakesh Kumar Sharma, Registrar(HAS), HPTU | -Co-Patron |
| 3. Prof. (Dr.) Kulbhushan Chandel, Dean Academic, HPTU | -Convener |
| 4. Prof.(Dr.) M.S. Ashawat, Chairman, Laureate Institute of Pharmacy | -Organizing Secretary |

In this three days Youth festival, two cultural items will be organized i.e.

1. Group Dance (Folk based)
2. Solo dance (Folk/Cultural/Classic Based)
3. Free Style Dance (Theme Based) ✓
4. Any other item (to be informed in advance) ✓

✓ To make this event a grand success all the Principals are requested to ensure their Institutions/Participation as per the following guidelines/terms.

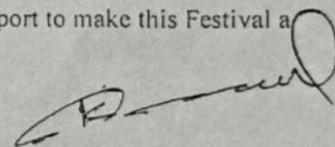
1. Each institution/group of institution will send one team for each event.
2. Only Bonafide students of the institution affiliated to Himachal Pradesh Technical University with their college identity card duly signed by the Principal can participate.
3. In group dance the participants should not exceed 10 while maximum five accompanists can be added. Hence, the team can be 10+5.
4. The time for performance of the proposed events shall be as under:-
5. Group Dance - 8-10 minutes.
6. Solo Dance - 5-10 minutes.

The number of participants in each event shall be as per the norms of the particular event activity.

DIRECTOR CUM PRINCIPAL
LAUREATE INSTITUTE OF
PHARMACY
TEH. KATHOG
DISTT. KANGRA (H.P.)

8. Required costumes/dresses along with required instruments shall be arranged by the participating teams at their own.
9. Every team must be accompanied by the team incharge preferably faculty member of the participating institution. In case of female participants, female team incharge must be deputed.
10. Team incharge shall be responsible for their respective team in all respects.
11. TA/DA of the participants/team incharge shall be borne by participating institution.
12. All boarding and lodging arrangements of the participants and team incharge shall be made by the Host College in the campus during the Festival.
13. Participating institutions will ensure the arrival of their team a day before the commencement of Youth Festival in the campus of Host College by 6:00 PM.
14. Participants and Team in-charges are required to stay in the accommodation provided by the host college.
15. Every participating institution shall deposit Rupees 1,000/- per event as registration charges to the host institution at the time of registration.
16. Participating institutions shall submit the details of participating events to the host college addressed to Organizing Secretary, *Prof.(Dr.) M.S. Ashawat, Principal, Laureate Institute of Pharmacy, VPO Kathog Tehsil Dehra, Distt. Kangra (H.P.)-177101 (E-mail:- liph@rediffmail.com (Mobile No. 98056-76721) by 25th October, 2019 positively under intimation to undersigned.*

Thanking you and looking forward for your cooperation and support to make this Festival a grand success.



Dean Academic

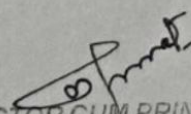
Dated: 10-10-19

Encls. As above

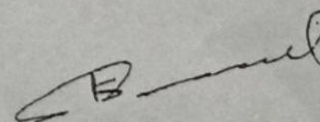
Endst. No. Even 11442-46

Copy forwarded to:-

1. The Principal, Laureate Institute of Pharmacy, Kathog, Kangra for information and necessary action please
2. The Dean Academic, H.P. Technical University, Hamirpur for information and necessary action please
3. The Finance Officer, H.P. Technical University, Hamirpur for information and necessary action please
4. The Private Secretary to Vice-Chancellor, H.P. Technical University, Hamirpur for information please.
5. P.A. to Registrar, H.P. Technical University, Hamirpur for information please.



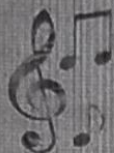
DIRECTOR CUM PRINCIPAL
LAUREATE INSTITUTE OF
PHARMACY KATHOG
TEH. JAWALAMUKHI,
DISTT. KANGRA (H.P.)



Dean Academic

Himachal Pradesh Technical University

Sr. No. 2019/51



Youth Festival-2019

Held at

Laureate Institute of Pharmacy

Certificate of Participation

Name Sanchi Father's Name Sh.
College / Institution Laureate Institute of Pharmacy Kathog
Event Musical Art
Position Consolation

Dr. M.S. Ahlawat
Organizing Secretary
Youth Festival - 2019

Dr. Rajinder Guleria
Dean Student Welfare
H.P.T.U., Hamirpur

Laureate Institutes of Pharmacy, VPO Kathog, Tehsil Jawalamukhi, Distt. Kangra, H.P. 177101



NATURAL STRONG POWERLIFTING FEDERATION®

(REG. UNDER HARYANA SOCIETY ACT.)

AFFILIATED WITH GLOBAL POWERLIFTING COMMITTEE

WORLD BENCHPRESS, DEAD LIFT, FULL POWERLIFTING CHAMPIONSHIP

20th to 27th OCTOBER AT NOVE ZAMKY, SLOVAKIA 2019

ROHIT KUMAR

(HIMACHAL PRADESH)

HAS BEEN SELECTED IN INDIAN POWERLIFTING TEAM TO TAKE PART IN WORLD BENCHPRESS,
FULL POWERLIFTING, DEADLIFT FOR TEENS, JUNIOR, SENIOR, SUB MASTER, MASTER, MEN & WOMEN

Sunday 26th May 2019

VENUE : CYGNETT LITE COZZET, SONIPAT 3 STAR (Hr.) INDIA





Natural Strong Powerlifting Federation

Affiliated with World Powerlifting Committee

Ms. NAME/DOB/AGE

Date 26/10/2019

To

MR. KISHORE KUMAR

State HIMACHAL PRADESH

Subject: Selection Letter for World Benchpress / Deadlift / Full Powerlifting Championships to be held at Nove Zarnky, Slovakia 2019 during 20 to 27 October 2019.

It is hereby confirmed that you have been selected for above World Powerlifting Championships under following criteria:-

Team ☒ Junior ☐ Senior ☐ Sub-Master ☐ Master

Benchpress ☐ Deadlift ☒ Full Powerlifting

We are not having any financial support from the MYSR Government of India. So you are requested to find out your sponsor.

Approximate cost for visa process, Air ticket, Accommodation, food and Uniform kit is approx INR. 1.25 to 1.5 Lacs.

Natural Strong Powerlifting Federation wishes you all the best for world championships.

Thanking you

Kishore Kumar
General Secretary

Address: H No. 38, Sec. 14, Behind Aggarwal Bhawan, Simla - 171001 (Haryana) India

E-mail: chawarpug@gmail.com

Mob: 9754811302, 9813370171, 9729563268, 7015864314





S.No: 064

हिमाचल प्रदेश तकनीकी विश्वविद्यालय

HIMACHAL PRADESH TECHNICAL UNIVERSITY



(A State Government University)

Sports meet 2019

Held at
SIRDA Institute of Engineering Technology


From: 03.05.2019 to 05.05.2019

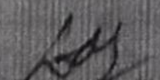
Certificate of Merit


Name Nikhil Sharma..... Father's Name Sh. Bham Dass Sharma.....

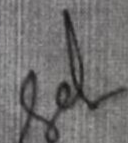
College/Institution Laureate Institute of Pharmacy.....

Event Basketball..... Position Runner up.....


Sh. Ramesh Rana
Sports Officer


Dr. Devender Sharma
Organizing Secretary
Sports Meet 2019


Dr. Kulbhushan Chandel
Convenor
Sports Meet 2019


Sh. Bacchan Singh
Co-Patron
Sports Meet 2019

SIRDA GROUP OF Institutions, Naulakha, P.O. Kanaid, Tehsil Sundernagar, Distt. Mandi (H.P.) Pincode- 175019







Himachal Pradesh Technical University

(A State Government University)

Camp Office: Gandhi Chowk, Hamirpur (H.P.) - 177001

Phone : (01972) 224153, Fax: (01972) 224150,

E-mail ID: deanmgmthptu@gmail.com, website: www.himtu.ac.in

No. HimTU-3(Acad)O-1/2016-4713-4755

Dated: 17-4-19

To

All the Directors- cum - Principals,
Affiliated Colleges of Engineering,
Pharmacy and Management in H.P

Subject: Regarding H.P. Technical University Youth Festival 2018-19

Sir,

In Continuation to this office letter No.HimTu-3(Acad)O-1/2016-4504-4546 dated 16.04.2019, it is informed that HPTU Youth Festival Scheduled to be held on 2nd May, 2019 to 4th May, 2019 at Gautam Institute of Management and Technology, Hamirpur (H.P.) .It is requested that to send the list of participant students of your Institution to the Gautam Institute of Management and Technology, Hamirpur (H.P.) under the intimation to this office at the earliest please.

Above is for your information and necessary action please.

Endst. No. Even 4756-57
Copy Forwarded to:

Registrar

Dated: 17-4-19

1. The Principal, (Host Institution) Gautam Institute of Management and Technology, Hamirpur (H.P.) for information and necessary action please.
2. The P.S. to Vice-Chancellor, Himachal Pradesh Technical University, Hamirpur for information please.

DIRECTOR CUM PRINCIPAL
LAUREATE INSTITUTE OF
PHARMACY KATHOG
TEH. JAWALAMUKH
DISTT. KANGRA (H.P.)

Registrar



Himachal Pradesh Technical University, Hamirpur

Youth-Festival:-2018-19



Venue/Host:- Gautam College, Hamirpur

Opening Ceremony

Morning 11:00 AM, Thursday, 2 May, 2019

Prof. (Dr.) Raj Kumar

(Hon'ble Vice-Chancellor Panjab University, Chandigarh)

has very kindly consented to be
the Chief Guest for Opening Ceremony.

Prof. (Dr.) S. P. Bansal

(Hon'ble Vice-Chancellor HPTU, Hamirpur)

will preside over the Opening Ceremony.

Closing Ceremony

Afternoon 02:00 PM, Saturday, 4 May, 2019

Prof. (Dr.) S. P. Bansal

(Hon'ble Vice-Chancellor HPTU, Hamirpur)

has very kindly consented to be
the Chief Guest for Closing Ceremony.

**Please solicit your benign presence on the Youth -Festival
at Gautam College, Hamirpur (H.P.) Telephone: 01972-221493**

Email:-ggchmr@gmail.com

Prof. (Dr.) Vinay Chauhan
DSW HPTU Hamirpur

Dr. Rajneesh Gautam
Organizing Secretary Mob. 94180-10420

DIRECTOR CUM PRINCIPAL
LAUREATE INSTITUTE OF
PHARMACY KATHOG
TEH. JAWALAMUKHI
DISTT. KANGRA (H.P.)







SPORTS
BY M.S. DHONI
HEALTH CLUB AND FITNESS STUDIO

Mr North India 2018

Presented By

**Himalayan
Buzz**

Vote for your favorite contestant

Name: Himanshu Rajput
Age: 24
Height: 6'



